

FIGHT THE BITE!

2015

PERSONAL PROTECTION INDEX (PPI)

4 D's of Defense



West Nile Virus (WNV) Prevention

DRAIN:

Drain those items that collect standing water around your home, yard or business. Scrub and refill pet water dishes and bird baths regularly.

DEFEND:

Use an insect repellent containing DEET when outdoors and reapply according to directions.

DRESS:

Wear long pants, long sleeves and closed toe shoes when outside to cover the skin.

DAWN & DUSK:

Wear repellent if outdoors during these prime times for mosquito activity.

Risk Level*	Definitions	Recommended Actions
0 NONE	Off season. Climate conditions not favorable for <i>Culex</i> species.	None required
1 LOW	Localized abundance of active mosquitoes. Climate conditions favorable for development of virus.	Drain Defend
2 MODERATE	Virus indicated in the area with a moderate number of infected mosquitoes detected. Climate conditions favorable.	Drain Defend Dawn & Dusk Dress
3 HIGH	High numbers of infected mosquitoes. Climate conditions extremely favorable. Increased chance of human infection.	Drain Defend Dawn & Dusk Dress

Adapted from:

- Dupage County Health Department. Available at www.dupagehealth.org/wnvsurveillanceandpreventionProgram.
- Centers for Disease Control and Prevention (CDC). West Nile Virus in the United States: Guidelines for Surveillance, Prevention, and Control. 4th Revision. Fort Collins, CO: US Department of Health and Human Services, CDC; 2013. Available at www.cdc.gov/westnile/resources/pdfs/wnvguidelines.pdf. Accessed 04/24/15.